



Diet History Evaluation Form

Date: _____ Reason for today's visit: _____

Wt (lb.): _____ Body condition score (1-5) _____
Current Usual

History taken by: _____

I. Pet Information

Pet Name _____ Species _____ Breed _____ Age _____ Sex _____

Spayed/Neutered? _____

Pet's activity level (type, duration, frequency): _____

Current/past health problems? _____

Current medications? _____

Most recent thyroid level check? _____

How is pet's appetite? _____

Estimated Energy Needs: _____

II. Diet Information

The following descriptions should be sufficiently accurate that you could go to a store and purchase the food described.

Food Fed? (Brand name; dry or canned)	How much is fed? (what is cup/can size?)	How often is food fed? How is food fed?	Calories/day
<i>Usual</i>			
<i>Recent (Since when?)</i>			
			Total Calories/day

Treats/table food Fed/day? (include type or brand name of food or treat)	How much?	How often?	Calories/day
<i>Pet treats - Size-S,M,L,XL</i>			
Rawhides/Pig Ears etc.			
<i>Table Foods – Be Specific</i>			
Breakfast :			
Lunch:			
Dinner:			
Between Meals:			
Food covering medications:			
Additives for flavoring (e.g., gravy, broth)			
Vitamins or supplements			
			Total Calories/day:

II. Owner and Environment information

Who feeds the animal? _____

On average, how many hours a day is the pet at home alone? _____

How many adults and children in the household? _____

How many pets in household? _____ Types of pets? _____

Where is pet fed? _____

Does animal have access to other pets' food? _____ Is there competition for food? _____

Is more than one animal fed out of same feeding dish? _____

Is animal prone to getting into trash? _____

Is animal contained in yard or does it have access to the neighborhood? _____

How frequently is animal boarded or in the care of someone else? _____

III. Current Protein intake

Minimum Requirements : Dog - 1 gram/pound (lean body mass)

Cat – 2 grams/pound (lean body mass)

Protein Evaluation

1. Calculate protein needs of animal by multiplying minimum protein requirement by the animal's lean body mass.
2. Using information from diet history, calculate how much protein the animal is currently taking in per day.
(Hint: Most manufacturer product guides provide protein content in grams/100kcal.)
3. Evaluate protein status and consider a diet with more protein if needed.
 - a. Pet's minimum protein requirement _____ grams/day
 - b. Current protein intake _____ grams/day
 - c. Action taken: _____

Additional Comments: _____
